

THE GUIDE TO MOVING UP IN OUR SMALL POOL CLASSES

Baby swimming is a safe and gentle activity designed to introduce children to the water. A qualified teacher will lead the class through gentle progressions teaching you how to handle baby in water. Through nursery rhymes and songs, a fun atmosphere is created making your baby feel happy in the water. The small pool is hot, (33 degrees) shallow and secluded.

6 weeks-8 months - *When your child is a month away from turning 9 months, please add yourself on to a waiting list for 9–18month class*

9-18 months - *When your child is a month away from turning 18 months, please add yourself on to a waiting list for 18+month class*

18 months+ - *When your child is a month away from turning 2 years 5 months, please add yourself on to a waiting list for P&C ADV unless your instructor advises you that your child is ready sooner*

Advanced Parent & Child - *When your child is a month away from turning 3 years old, please add yourself on to a waiting list for Under 5's class. Unless your instructor advises you that your child is ready sooner as they can move from 2 years 9 months if confident and achieved the skills required.*

Under 5's (3 & 4 years) These classes are for preschool children in small groups (6 maximum). Children will develop confidence floating and gliding, evolving a leg kick and simple arm movements. - *When your child is set to start School in the year from September, please add yourself to a waiting list for Beginners from May. Once a space is available you will be asked to move up as spaces in Beginners are limited and often full by August.*