



Price List April 2017

The last change in prices at the pool was August 2014, so a small rise in the prices is unfortunately, inevitable.

Teachers and staff have received a pay review and the costs of running, repairing and maintaining the pool continue to rise.

Shirley Pool is an independent company, operating without the benefit of subsidy or grants so your continued support is appreciated

Prices will rise from April 1st 2017:

Baby & Children's swimming lessons	£39.61
Shirley Swimming Club (Turtles & Penguins))	£41.90
Dolphins	£45.88
Adult Swimming Lessons	£43.00
Adult Lane swimming per month	£25.00
Single Month Lane swim pass	£33.00
Adult Lane or Public Swim	£4.40
Discount swim (OAP/Student/NHS/child)	£3.75
Child (4 and under)	Free
Aquacise	£5.25
Inflatable pool parties (up to 20 kids)	£105.00
Non Members	£140.00
Bus Parties (12 children)	£105.00
Non Members	£140.00
Extra child	£8.00
Pool & Bus Party	£185.00
Non Members	£235.00

**Direct debit customers may swim free at public swimming times.
Lockers are 20p, coin return.**

*West End Swim School Limited. Shirley Swimming Pool
Kentish Road, Shirley, Southampton. SO15 3GR 023 8078 1901*

www.shirleyswimmingpool.co.uk



Lesson Information

Well fitted **goggles** are compulsory for all lessons of school age. Reception can help you choose the correct fit. The pool offers loan goggles if yours are mislaid (£1).

All swim lessons are paid by direct debit. You should now have a **membership card**, which must be swiped on each visit. It also permits the holder to swim free in public sessions. Under 5's can take an adult free as well.

By email, you will receive details of the online portal, **Swimsafe** where teachers can update progress in the lesson. You are also welcome to talk briefly to the teachers for feedback when collecting the children, as long as you wear shoe covers.

Water skills and strokes are constantly evaluated while distance awards up to 100m take place every eight weeks. **Badges** and certificates can be purchased at the desk.

Longer swims can be attempted on a Holiday Crash Course or one of the Saturday Distance sessions.

Each week the teacher will assess the swimmers against the required target for that level so that as soon as a child is ready to **progress** to the next level, they will be told. Reception can tell you how to find suitable spaces.

Lessons run all year, including school holidays. The **pool is closed** on Bank Holidays, Easter Weekend and Christmas for maintenance. Lessons should be rearranged.

If you miss a lesson, you lose it. However, in the event of holiday or illness, if you notify reception in advance and make your space available, you can then try and find a suitable time for a "**makeup**" lesson.

This can be done in advance and up to two weeks afterwards, but only rearranged **once**.

The aim of the lesson programme is to progress the children as quickly as possible to the point at which they are safe in deep water, in a safe, friendly and enjoyable atmosphere. Each stroke is taught in turn with regular recaps to establish sound technique: backstroke, frontcrawl, breaststroke then butterfly.

Once the basic strokes and diving have been mastered, advanced techniques are introduced and longer distances swum.

There is a clear pathway and opportunity for every swimmer to keep progressing and enjoying their swimming into their teenage years.

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